
Sunnyvale Alliance Soccer Club



Emergency Action Plan

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INTRODUCTION

Sunnyvale Alliance Soccer Club has established this Emergency Action Plan (EAP) to communicate with employees, team officials, and guardians about responding to emergencies responsibly and clearly.

EMERGENCY NUMBERS

Sunnyvale Emergency Phone Number: **911**

Sunnyvale Non-Emergency Phone Number: **(972) 226-4606**

HOSPITAL

Sutter Health Medical Center
701 E El Camino Real, Mountain View, CA 94040
(650) 934-7000
Near the intersection of Highway 85 and El Camino Real in Mountain View

AUTOMATED EXTERNAL DEFIBRILLATOR LOCATION (AED)

Available in Fair Oaks Park Equipment Shed (near the King's Academy Tennis Courts). The yellow case is on the shelves inside the shed. Coaches have keys to the equipment shed.

FIRST AID KITS

Competitive team managers and all Competitive coaches have been provided first aid kits.

A First Aid Kit can also be found in the Fair Oaks Park Equipment Shed (near the King's Academy Tennis Courts). Coaches have keys to the equipment shed.

WHEN TO ACTIVATE THE EMERGENCY ACTION PLAN

- No Pulse OR Breathing
- Bleeding profusely OR Impaired consciousness
- Injuries to the back, neck, or head
- Major trauma or inability to move or feel in the limbs
- When you believe you should
- Extreme weather (heat or cold, lightning, etc)
- Poor air quality

CLUB CONTACTS

Safety Manager: Damon James - president@sunnyvalesoccer.org

Human Resources: Haruko Matsuda - vicepresident@sunnyvalesoccer.org

INJURIES

WHEN AN INJURY OCCURS

1. One person needs to take control of the situation. Stop all athletes and assess the injury

FOR SERIOUS INJURIES

2. Call **911** OR tell someone to call EMS
3. Provide First Aid and stabilize the athlete
 - a. When at Fair Oaks Park, send someone to retrieve the AED (yellow case on shelves) in the equipment shed if needed. Coaches have keys to the shed.
4. Send someone to the street to direct emergency services to the correct location
5. Ask someone to manage the crowd (move back and make space)
6. Stay with the injured athlete and try to calm him/her

ONCE THE PLAYER IS STABILIZED

1. Use BYGA to retrieve the athlete's medical release form for the paramedics
 - a. Select the player's name from the team roster
 - b. Go to Documents
 - c. Select the R002 US Club Youth Player Registration
2. Notify parents if not present (contact information is available in the player's BYGA profile)
3. Gather facts by talking to the injured athlete and anyone who witnessed the incident. Take notes and contact info of those involved
4. Report the injury to clubadmin@sunnyvalesoccer.org

EXTREME WEATHER

THUNDER AND LIGHTNING

If Thunder is heard or lightning is witnessed:

- Play should be suspended for 30 minutes
- Everyone should take shelter safely (ie. inside cars or buildings). Open fields and shelters are NOT safe
- If thunder and lightning continue for more than 60 minutes, the game should be terminated

HEAT GUIDELINES

During extreme heat in our region, we will follow the guidelines and policies provided by US Soccer to determine if games and or practices should be canceled:

<https://static1.squarespace.com/static/57125d942eeb814000fb1ca5/t/5a1c4fdc8165f542d6d78d16/1511804893401/1609024+Heat+Guidelines.pdf>

Parents are encouraged to use their best judgment when deciding what is best for the health of their players.

US SOCCER RESOURCES

SASC follows the guidelines outlined by US Soccer on their [Recognize To Recover](#) website regarding Cardiac Arrest, Head Injuries, Concussions, etc.

AIR QUALITY

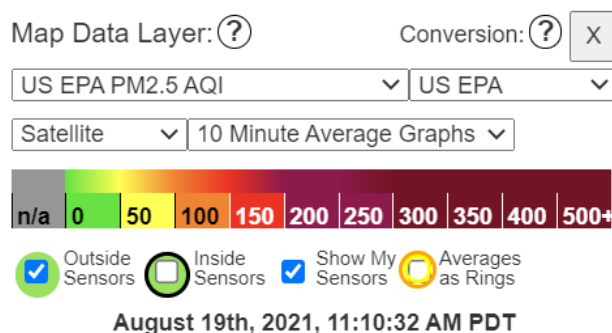
The SASC Club Administration, with the help of the SASC Board, will make all final decisions related to air quality and the safety of playing soccer outdoors using the guidance provided by the NorCal Premier Soccer policy, Air Quality Index (AQI) Guidance.

- **0-100:** Games should be played
- **100-150:** Game can be rescheduled – decision to be made by the clubs/teams involved. Both teams need to agree to playing the game.
- **150+:** Game should be canceled and rescheduled

Parents are encouraged to use their own best judgement when deciding what is best for the health of their players.

If the average AQI for Sunnyvale and adjacent field locations reaches 101 or higher, then SASC practices and Home games will be cancelled for the safety and welfare of SASC players, coaches, and opponents.

Sunnyvale Alliance Soccer Club uses the PurpleAir.com air quality monitoring website and will base decisions on the provided data. Sunnyvale Alliance uses the US EPA 2.5 PM AQI data source, together with a 10-minute averaged value and the US EPA correction applied.



For the current real-time AQI forecast provided by Purple Air, click on the image to the left.

For more information, please visit the NorCal Premier Soccer policy at <https://norcalpremier.com/current-norcal-guidance-re-covid-exposure-and-aqi/>.

FIELD ADDRESSES

❖ Fair Oaks Park

- 540 N Fair Oaks Ave, Sunnyvale, CA 94085
- near Maude Avenue and Wolfe Road

❖ Nimitz Elementary School

- 545 Cheyenne Dr, Sunnyvale, CA 94087
- near Sunnyvale Saratoga Road and Cheyenne Drive

❖ Cherry Chase Elementary School

- 1138 Heatherstone Way, Sunnyvale, CA 94087
- near Bernardo Avenue and Heatherstone Way

❖ Cupertino Middle School

- 1650 S Bernardo Ave, Sunnyvale, CA 94087
- near Bernardo Avenue and Homestead Road

❖ Challenger School

- 1185 Hollenbeck Ave, Sunnyvale, CA 94087
- near Hollenbeck Avenue and Fremont Avenue

❖ King's Academy Football Field

- 562 N Britton Ave, Sunnyvale, CA 94085
- near Duane Avenue and Wolfe Road

❖ West Valley Elementary School

- 1635 Belleville Way, Sunnyvale, CA 94087
- near Belleville Way and Homestead Road

❖ Lakewood Park

- 834 Lakechime Dr, Sunnyvale, CA 94089
- near Lawrence Expressway and Lakehaven Drive

❖ Columbia Park

- 789 Morse Ave, Sunnyvale, CA 94086
- near Maude Avenue and Morse Avenue